

Sauk Rapids Women of Today



Heartbeat



August 2008

SERVICE

GROWTH

FELLOWSHIP

NEXT BOARD MEETING

August 18, 2008 6:30 pm

Ridgeview Place
1009 10th Ave NE
Sauk Rapids, MN

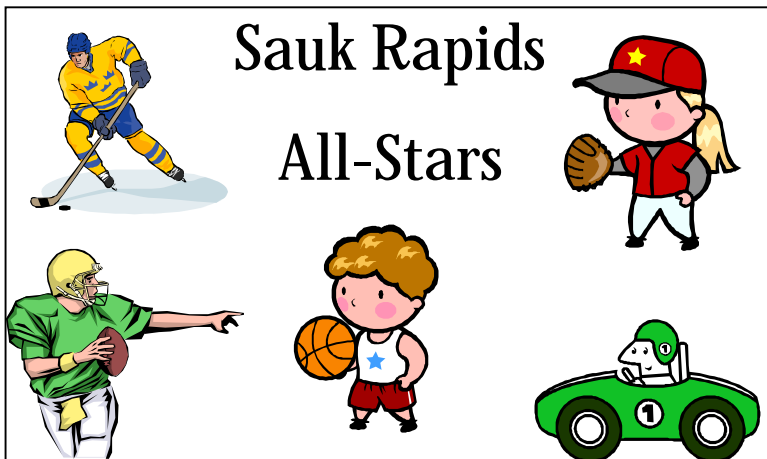
Snacks: Judy Weyer & RoxAnn Gill

NEXT GENERAL MEETING

August 18, 2008 7:00 pm

Ridgeview Place
1009 10th Ave NE
Sauk Rapids, MN

Snacks: Judy Weyer & RoxAnn Gill



- President:**
Fawn Widman 230-5935
- Chairman of the Board:**
Judy Moldenhauer 292-2120
- State Delegate:**
Cheri Mayer 217-5451
- Programming Vice President**
Margaret Edelbrock 240-9429
- Treasurer:**
Jean Schottl 255-0799
- Membership Vice Presidents:**
Sandy Trossen 255-0235
Sue Dingmann 237-6883
- Secretary:**
Lisa Hahn 251-8852

Margaret Edelbrock, Editor
601 1st Street South
Sauk Rapids, MN 56379
Medelbrock@charter.net

Sauk Rapids Women of Today Website:
<http://saukrapidswt.tripod.com/>

Deadline:
4th Monday
of the month



Letter From The President



I just passed my college course with an A! Lots of stress gone now...until the next one. Summer has gone by so fast and the next couple of weeks I am going to concentrate on my kids as I haven't had a lot of time to spend with them and take them to do fun things. School will be starting before we know it.

I thought our District Meeting was awesome! Thank you to everyone who helped with it by bringing food and supplies to running the meeting. Deb and Lisa, your hard work and knowledge are very appreciated.

I hope that we have all had a fun Summer so far. Sometimes Summer seems busier than any other season! I have my Plan of Actions finally done and will be passing them out soon. I couldn't of done this without everyone's help.

Hope to see everyone at our next meeting!

Fawn Widman

Kids Week

Sunday, August 17

Take your kids to church

Monday, August 18

Have a BBQ outside

Tuesday, August 19

Take a child to McDonald's for ice cream

Wednesday, August 20

Read books with the children

Thursday, August 21

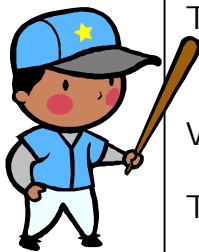
Donate new or used books to a children's charity

Friday, August 22

Meet at Lake George for a Paddleboat ride at 6:00 pm

Saturday, August 23

Play ball at a local field and invite a child that doesn't have 2 parents to join you



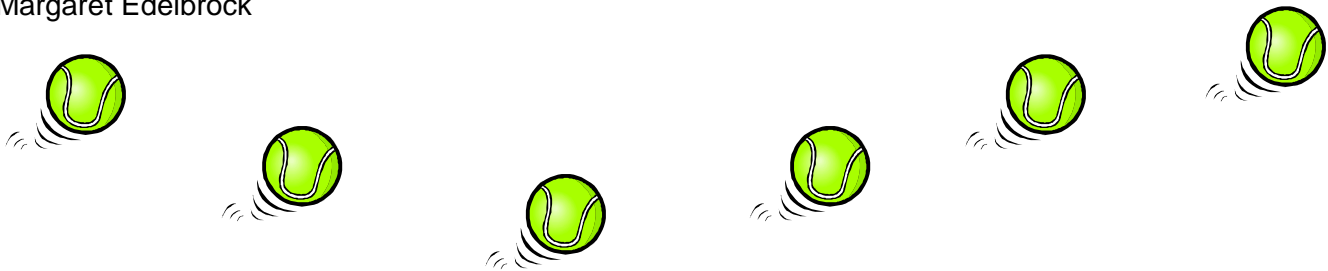
Please consider making a donation to Friendship Ventures which provides educational, recreational and support services to children and adults with developmental disabilities. Friendship Ventures operates services from Eden Wood Center in Eden Prairie and Camp Friendship located near Annandale. A partial list of items that they would like to receive donations for is located in this newsletter.

DUES REDUCTION CORRECTION

The June and July newsletter incorrectly stated that the "Dues reduction is equal to \$1.00 for each project participated in with a maximum of \$20.00 per member". The correct wording is "Dues reduction is equal to \$1.00 for each project participated in with a maximum of \$15.00 per member". After clarification it was determined that the additional \$5.00 subsidized by the chapter (see May 5th Board Meeting motion) will be based on projects worked during the 2008-2009 year and the discount would be applied to 2009-2010 dues. The dues for 2008-2009 are \$45.00 less \$1.00 for each project participated in during the 2007-2008 year (\$15.00 maximum reduction). Sorry for any confusion.

If your renewal was in the 1st quarter (Karen Wolford, Jean Schotl, Sandy Trossen, Margaret Edelbrock, Fawn Widman) and you have not paid your dues please send them to Jean Schotl ASAP.

Margaret Edelbrock



Information about new business at meeting

I wanted to let everyone know the process for putting new business on the agenda and discussing at the meeting. If a project is a brand new project, the project should be presented at the board meeting prior to be presented at the general meeting. If the project is not brand new, a phone call or email should be sent to the president and past president a few days before the meeting so they can put the project on the agenda. If the project is not put on the agenda, the president should ask for additions or corrections to the agenda at the beginning of the meeting and the project should be added to new business at that time.

When a project is brought up under new business, the project can not be discussed prior to a motion and second being made. If a motion is not made the project can not be discussed. Please be ready to motion and second a project so discussion can be had on the project. If you have questions on this, please let me know. Thanks – Deb Williams

Come support the Sauk Rapids Women of Today
by purchasing Pull Tabs at the
Benton County Fair
August 7th – 10th
11:30 – 6:00

We will be located in the Bingo area
10% of the proceeds will be given to our organization



Board Training
August 11th (Time TBA)
Janet Boelz House
212 Summit Ave S
Sauk Rapids, MN

All board members are asked to attend this training session.
Please come ready and willing to learn about your position.
Bring along any questions that you may have.

Summer Convention
August 8th & 9th
Hilton Garden Inn
Mankato, MN



Looking for a new job or getting a promotion can be difficult. The tips below can help you polish your resume. Next month I will include tips for your interview. Hopefully these tips will give you the advantage you need to get the job that you want.

Deb Williams – Living and Learning

Resume Checklist

Most resumes are only given a 15 second review at the first reading. Make those first 15 seconds count!
When preparing your resume, make sure that you can answer “yes” to the following questions:

First Impression

- Does the resume look original (not based on a template)?
- Are there clear sections and plenty of white space?
- Does the design look professional?
- Is there a qualifications summary?

Appearance

- Is the resume easy to read with proper formatting?
- Is the font fitting for the career level and industry?
- Are there design elements: bullets, bolding and lines bringing focus on the essential content?

Resume Sections

- Are all sections clearly labeled?
- Are sections placed in an order that draws attention to your strongest credentials?
- Is the work history listed in reverse chronological order (most recent job first)?

Career Goal

- Is the career objective in a headline, objective or qualifications summary near the top of the resume?
- Is there a specific career goal that your resume is focused on?
- If this is a resume for career change, is your current objective clear, with details showing how your past experience is applicable to your new goal?

Accomplishments

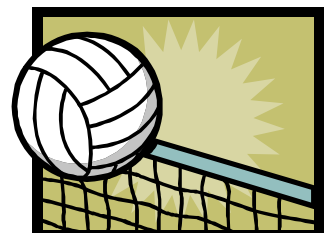
- Are your career accomplishments defined and quantified (using numbers, percentages, dollar amounts or other concrete measures of success)?
- Are accomplishments and responsibilities separate?

Relevance

- Is the information relevant to hiring managers' needs?
- Does your resume support your career goal?
- Is your resume full of keywords, appropriate buzzwords and industry acronyms?

Writing Style

- Is the resume written in an implied first-person voice – staying away from personal pronouns?
- Is the resume as perfect as possible - no typos or spelling, grammar or syntax errors?



Sauk Rapids Women of Today
General Meeting Minutes July 14, 2008
Membership Social/Pot Luck following meeting

Attendance: Cheri, Judy W., Margaret, Jean, Fawn, Deb, Lisa, Sandy, Sue

Call to Order: President Fawn @ 7:00pm

Invocation: Deb Williams "Prayer of St. Francis"

Pledge of Allegiance: Jean

Women of Today Creed: Judy Weyer

We, the Women of Today, are service, growth, and fellowship. We believe that through us great lessons can be learned, worthy deeds performed and a hand of fellowship extended to millions of women everywhere. May we leave the world a better place because we lived and served within it.

Introduction of Guests: Fawn N/A

Welcome and Self-introduction: Please stand, state your name and share your favorite summer sport.

Past President/Parliamentarian: -Deb W.: Quorum has been established. All cell phones off. Stand for reports.

Secretary: Lisa Hahn- Approval of minutes. Minutes stand approved. Please hand in written reports (incentives will be given).

Treasurer: Jean Schotl -

Checking Balance: \$254.89

Bridge Marathon: \$389.62

State Delegate: Cheri Mayer -

1. District meeting- July 29th at Ridgeview Place. Meal @ 6:30pm with meeting to follow @ 7pm.
2. Summer Convention- Aug. 8-9, 2008 in Mankato. Judy, Fawn, Deb, Cheri are all interested.
3. National Night Out is Aug. 5th.
4. On-To Shirts- \$12.00 each. Lucky Buck fundraiser will be held at each meeting to help offset the cost of convention/rooms.

Membership VP's: Sandy Trossen and Sue Dingmann

1. Renewals will be going out tonight.
2. Membership Social after the meeting tonight. Potluck supper with Ice cream from our Pal's chapter.
3. M-night in September. Will be discussed at our next meeting.

Programming VP: - Margaret Edelbrock

1. Please sign up for LPM positions. We have a couple still open.
2. CIP forms will be handed out after meeting tonight. As I just received them before the meeting.
3. LPM reports are due tonight. I have forms available. Best to do them on line.
4. Promoted "Serves You Right". \$.50 was collected. Name drawn was Caroline Short. Not able to attend the meeting so the \$.50 will go into the general funds.

Internal Local Programming Managers:

Living and Learning: Deb - No Report

Newsletter: Margaret/Judy M. - Sent out newsletter.

Public Relations: Open

R & R: Deb. Williams No Report

Ways & Means: Lisa First Qtr. Promotional are Candles along with the Hoodies and sweatpants.

External Local Programming Managers:

Community Connections: Cheri Mayer Save soup labels and pop-tops. Certify in Civic Awareness by July 25 and get an incentive @ District Meeting. We have three members who certified on-line this evening therefore we were able to certify the chapter as well. Friendship Ventures- I have a list of items for donation.

Jacob Wetterling: Sandy- No Report

Women's Wellness: RoxAnn - No Report

Youth of Today: Open

Standing Chairmanships:

Sunshine Lady/Friendship Committee: Jean- sent out Anniv. & Birthday cards.

PALS Chapter: RoxAnn- No Report

Cub Food Receipts: Turn in July, August and September by October 1st.

Girl Scouts: Lisa- No Report

March of Dimes: Lisa- Chef's Auction will be held Nov. 6th. We only need 4-5 people to help from this chapter

New Business:

1. Babysitting Clinic- Motion by Judy W. "I move we run the babysitting clinic September 20, 2008 from 9am –noon and January 24, 2009 from 9am –noon". 2nd by Deb. M/S/P
2. Women of Today Week-Motion by Deb "I move we participate in Women of Today Week" 2nd by Judy W. M/S/P
3. Boy Scout Pledge- Motion by Jean "I move we donate \$25.00 to Boy Scout Troup 4 for Many Point Camp". 2nd by Deb. M/S/P Abstain: Jean Schotl
4. Project Raffle- Motion by Fawn "I move we have a project raffle prize for members who participate in a project with a \$10.00 prize value". 2nd by Judy W. M/S/P
5. Donation to State Plan of Action- Motion by Deb "I move we donate \$25.00 to the State Plan of Action". 2nd by Cheri M. M/S/P
6. Bridge Marathon- Motion by Deb. "I move we run Bridge Marathon 2008-2009. Banquet shall not be held at SR VFW". 2nd by Lisa. M/S/P Margaret to co-chair with another member.
7. SR WT Plaque for the new/combined Sauk Rapids Lions Park- Motion by Judy W. "I move we donate money (to be determined) for a sign for the SR Lions Park". 2nd by Sandy T. M/S/P

On Going Business:

1. Pull Tabs at Benton County Fair- Aug. 7-10, 2008. Sandy, Karen, Fawn & Jason, RoxAnn, Sue, Margaret and Carol to help.
2. Toy Bingo- Tentative set for Oct. 18 with Judy and Cheri to co-chair.
3. Hommerding Holiday Party- Deb to Chair
4. Santa Secret Shop- Dec. 6th at VFW – still need chairs
5. Kids Week- Aug. 17-23. Jean to Chair.
6. July Picnic/ Membership Social @ Cheri Mayers- after meeting tonight.

Final Reports:

1. River Bats Game-M-night on Founders Day July 1st. Thanks to Margaret, RoxAnn and Husband, Sandy and friend, Lisa and family for attending.
2. Parade Pop Sales- Thanks to all who helped.
3. Food Fest Pop Sales- Waiting for Check.
4. Coborns Brat Sale- We received a check for \$515.50 from Coborns. We have \$61.56 cash in the tip jar. Combined total of \$577.06.

Tabled Projects:

President's Report: Fawn Widman

1. Board Retraining- need to set a date for a Monday or Tuesday in August. Tentative Date at this time is Aug. 11th at Janet Boelz.
2. Thank You to Cheri and her husband Steve for hosting the July meeting and Membership social at their home and letting us swim in the wonderful pool and soak in the hot tub.

Good and Welfare: You may share anything that you would like about what's going on in your life.

Renewal Ceremony: Will do next month.

New Member Installation: None at this time.

Next Board Meeting: August 18th, 6:30 pm @ Ridgeview place

Next General Meeting: August 18th, 7pm @ Ridgeview Place

Snacks for next meeting provided by: Judy W. & RoxAnn

United States Women of Today Creed: Margaret

Adjourn: President Fawn at 8:20pm



Upcoming Events



Benton County Fair
Pull Tab Sales
August 7th-10th 11:30-6:00

Summer Convention
August 8th – 9th Mankato

Board Training – Janet Boelz house
August 11th

Kids Week
August 17th – 23rd

Babysitting Clinic - SRR Middle School
September 20th 9:00am – 12:00pm

District Meeting - Foley
October 6th 6:30 meal 7:00 meeting

Toy Bingo
October ?? (date, time TBD)

Chefs Auction
November 6th

Santa's Secret Shop SR VFW
December 6th



Membership Renewals – 2nd Quarter

Janet Boelz	Tarah Brenny
Cindy Piepkorn	Cheri Mayer
Judy Moldenhauer	Christy Hahn

Annual dues to be paid by September 15, 2008
(refer to project list in July 2008 newsletter to determine amount due)



RoxAnn Gill	August 14 th
Tarah Brenny	August 19 th



Lisa & Dennis Hahn	August 8 th
Sandy & Paul Trossen	August 27 th



Serves You Right

The Serves You Right program has been brought back. At each meeting you will be “fined” \$0.25 for each of the following violations:

- Not wearing your name tag
- Being late (based on the meeting time printed in the newsletter)

At the end of the meeting a name will be drawn from all members. ***If the winning member is present she will receive 1/2 of the “fines” collected at that meeting*** and the remaining 1/2 will be put into the chapter’s general fund. If the winning member is not present all of the “fines” collected at that meeting will be put into the chapter’s general fund.

Margaret Edelbrock / Programming VP

Meeting Reminders

Arrive on time = meeting starts on time
Turn cell phones off during the meetings
Bring Cub Foods receipts, Labels For Education, and Yoplait
Yogurt pink labels to meetings
Wear your name tags